

WORKWEAR / EU SIZE CHARTS

MEN / EU REGULAR + TALL (CM)

Sizes (cm)	XS		S		M		L		XL		2XL		3XL		4XL		5XL		6XL	
	C44	C46	C48	C50	C52	C54	C56	C58	C60	C62	C64	C66	C68	C70	C72	C74	C76	C78		
Body height	170	174	180	180	184	184	188	188	192	192	194	194	194	194	194	194	194	194	194	194
Chest	88	92	96	100	104	108	112	116	120	124	128	132	136	140	144	148	152	156	160	164
Waist (at belly-button height)	76	80	84	88	92	96	100	104	108	112	116	120	124	128	132	136	140	144	148	152
Waistband (where your pants' waistband is placed)	80	84	88	92	96	100	104	108	112	116	120	124	128	132	136	140	144	148	152	156
Hip	88	92	96	100	104	108	112	116	120	124	128	132	136	140	144	148	152	156	160	164
Inseam	79	80	81	82	83	84	85	86	87	88	88	88	88	88	88	88	88	88	88	88
Inseam tall*	84	85	86	87	88	89	90	91	92	92	93	93	93	93	93	93	93	93	93	93

MEN / EU REGULAR + TALL (INCH)

Sizes (cm)	XS		S		M		L		XL		2XL		3XL		4XL		5XL		6XL	
	C44	C46	C48	C50	C52	C54	C56	C58	C60	C62	C64	C66	C68	C70	C72	C74	C76	C78		
Body height	5'7"	5'8"	5'11"	5'11"	6'	6'	6'2"	6'2"	6'3"	6'3"	6'4"	6'4"	6'4"	6'4"	6'4"	6'4"	6'4"	6'4"	6'4"	6'4"
Chest	34 1/2	36	37 1/2	39	41	42 1/2	44	45 1/2	47	48 1/2	50	52	53 1/2	55	56 1/2	58	59 1/2	61	62	63
Waist (at belly-button height)	30	31 1/2	33	34 1/2	36	37 1/2	39	41	43 1/2	44	45 1/2	47	48 1/2	50	52	53 1/2	55	56 1/2	58	59 1/2
Waistband (where your pants' waistband is placed)	31 1/2	33	34 1/2	36	37 1/2	39	41	42 1/2	44	45 1/2	47	48 1/2	50	52	53 1/2	55	56 1/2	58	59 1/2	61
Hip	34 1/2	36	37 1/2	39	41	42 1/2	44	45 1/2	47	48 1/2	50	52	53 1/2	55	56 1/2	58	59 1/2	61	62	63
Inseam	31	31 1/2	32	32	32 1/2	33	33 1/2	34	34	34	34 1/2	34 1/2	34 1/2	34 1/2	34 1/2	34 1/2	34 1/2	34 1/2	34 1/2	34 1/2
Inseam tall*	33	33 1/2	34	34	34 1/2	35	35	36	36	36	36 1/2	36 1/2	36 1/2	36 1/2	36 1/2	36 1/2	36 1/2	36 1/2	36 1/2	36 1/2

MEN / EU SHORT AND WIDE PANTS (CM)

Sizes (cm)	D84	D88	D92	D96	D100	D104	D108	D112	D116	D120	D124	D128
Body height	156	160	164	170	170	174	178	178	182	182	184	184
Waistband (where your pants' waistband is)	82	86	90	94	98	102	106	110	114	118	122	126
Hip	92	96,0	100	98	102	106	110	114	118	122	126	130
Inseam short and wide	73	74,0	75	76	77	78	79	80	81	82	83	84
Inseam wide*	78	79,0	80	81	82	83	84	85	86	87	88	89

MEN / EU SHORT AND WIDE PANTS (INCH)

Sizes (cm)	D84	D88	D92	D96	D100	D104	D108	D112	D116	D120	D124	D128
Body height	5'11"	5'3"	5'4"	5'7"	5'7"	5'8"	5'8"	5'10"	5'10"	5'11"	5'11"	6'
Waistband (where your pants' waistband is)	32	34	35	37	38 1/2	40	41 1/2	43	45	46 1/2	48	49 1/2
Hip	36	37 1/2	39	38 1/2	40	41 1/2	43	45	46 1/2	48	49 1/2	51
Inseam short and wide	28 1/2	29	29 1/2	30	30	30 1/2	31	31 1/2	32	32	32 1/2	33
Inseam wide*	30 1/2	31	31 1/2	32	32	32 1/2	33	33 1/2	34	34	34 1/2	35

*Most of Helly Hansen Workwear C-sized and D-sized pants can be extended by unpicking a seam at bottom hem

MEN / EU TALL + EXTRA TALL (CM)

Sizes (cm)	C144	C146	C148	C150	C152	C154	C156	C158	C160	C162	C164	C166	C168	C170	C172	C174	C176	C178
Body height	180	184	190	190	194	194	198	198	202	202	204	204	204	204	204	204	204	204
Waist ¹	76	80	84	88	92	96	100	104	108	112	116	120	124	128	132	136	140	144
Waistband ²	80	84	88	92	96	100	104	108	112	116	120	124	128	132	136	140	144	148
Hip	88	92	96	100	104	108	112	116	120	124	128	132	136	140	144	148	152	156
Inseam tall*	84	85	86	87	88	89	90	91	92	92	93	93	93	93	93	93	93	93
Inseam extra tall*	88	90	91	92	93	94	95	96	97	97	98	98	98	98	98	98	98	98

MEN / EU TALL + EXTRA TALL (INCH)

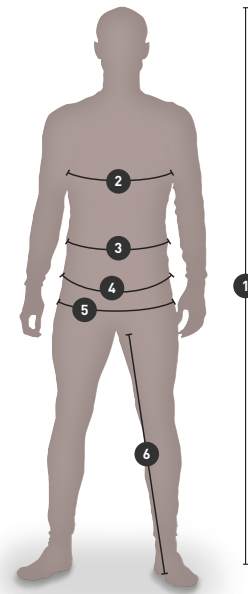
Sizes (cm)	C144	C146	C148	C150	C152	C154	C156	C158	C160	C162	C164	C166	C168	C170	C172	C174	C176	C178
Body height	5'11"	6'	6'2"	6'2"	6'4"	6'4"	6'5"	6'5"	6'6"	6'6"	6'8"	6'8"	6'8"	6'7"	6'7"	6'7"	6'7"	6'7"
Waist ¹	30	31 1/2	33	34 1/2	36	37 1/2	39	41	43 1/2	44	45 1/2	47	48 1/2	50	52	53 1/2	55	56 1/2
Waistband ²	31 1/2	33	34 1/2	36	37 1/2	39	41	42 1/2	44	45 1/2	47	48 1/2	50	52	53 1/2	55	56 1/2	58
Hip	34 1/2	36	37 1/2	39	41	42 1/2	44 1/2	45 1/2	47	48 1/2	50	52	53 1/2	55	56 1/2	58	59 1/2	61
Inseam tall*	33	33 1/2	34	34 1/2	35	35	36	36	36	36 1/2	36 1/2	36 1/2	36 1/2	36 1/2	36 1/2	36 1/2	36 1/2	36 1/2
Inseam extra tall*	34,5	35	36	36 1/2	37	37 1/2	37 1/2	38	38	38 1/2	38 1/2	38 1/2	38 1/2	38 1/2	38 1/2	38 1/2	38 1/2	38 1/2

¹ Waist (at belly-button height)

² Waistband (where your pants' waistband is placed)

* Most of Helly Hansen Workwear C-sized and D-sized pants can be extended by unpicking a seam at bottom hem

HOW TO MEASURE



- 1: BODY HEIGHT
- 2: CHEST
- 3: WAIST (AT BELLY-BUTTON HEIGHT)
- 4: WAISTBAND (WHERE YOUR PANTS' WAISTBAND IS PLACED)
- 5: HIP
- 6: INSEAM